

Exercise 3: Our God is our Hope

By Faith, Humbly Hear the Spirit Speak God's Word to You

Reading 1: We have put our **hope** in the living God, who is the Savior of all people, and especially of those who believe. [1Ti 4:9-10] Command those who are rich in this present world not to be arrogant nor to put their **hope** in wealth, which is so uncertain, but to put their **hope** in God, who richly provides us with everything for our enjoyment. Command them to do good, to be rich in good deeds, and to be generous and willing to share. In this way they will lay up treasure for themselves as a firm foundation for the coming age, so that they may take hold of the life that is truly life. [1Ti 6:17-19]

Exercise 1: Write about what the Holy spirit inspired in you when you listened to him speak to you through these Scripture texts:

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Reading 2: Because God wanted to make the unchanging nature of his purpose very clear to the heirs of what was promised, he confirmed it with an oath. God did this so that, by two unchangeable things in which it is impossible for God to lie, we who have fled to take hold of the **hope** offered to us may be greatly encouraged. **We have this hope as an anchor for the soul, firm and secure.** [Heb 6:17] Praise be to the God and Father of our Lord Jesus Christ! In his great mercy he has given us new birth into **a living hope** through the resurrection of Jesus Christ from the dead, and into an inheritance that can never perish, spoil or fade—kept in heaven for you, who **through faith are shielded by God's power** until the coming of the salvation that is ready to be revealed in the last time. [1 Pe 1:3-5,8-9]

Exercise 2: Write about a time when your unwavering—or even weak—faith in God as your shield or strength gave you **HOPE** to conquer temptations and to endure until the end. First, describe what you were believing that gave you HOPE. Then, describe where you felt that belief in your body and what it felt like.
