

CHANGES in Christ, Exercise 4: Our God, Our Faith and Hope

By Faith and with a humbly and grateful heart hear the Spirit Speak God's Word to You

Without faith it is impossible to please God, for whoever would approach God must believe that God exists and that God rewards those who seek God. [He 11:6] **Now faith is the assurance of things hoped for**, the conviction of things not seen. Indeed, by faith, our ancestors received approval. By faith we understand that the worlds were made from things that are not visible. [He 11:1b-3]

Exercise 1: Write about what the Holy Spirit inspired in you when you listened to him speak to you through these Scripture texts: _____

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Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith into this grace in which we now stand. And we rejoice in the **hope** of the glory of God. Not only so, but we also rejoice in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, **hope**. And **hope** does not disappoint us, because God has poured out his love into our hearts by the Holy Spirit, whom he has given us. [Ro 5:1-5]

Exercise 2: Write about what the Holy Spirit inspired in you when you listened to him speak to you through these Scripture texts: _____

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Paul, an apostle of Christ Jesus by the command of God our Savior and of Christ Jesus our **hope**. [1TI 1:1] May our Lord Jesus Christ himself and God our Father, who loved us and by his grace gave us eternal encouragement and good **hope**, encourage your hearts and strengthen you in every good deed and word. [2Th 2:16-17]

Exercise 2: Write about a time when your unwavering—or even weak—faith in who God is and God's promises gave you **HOPE**. _____
