

Exercise 9: A Powerful Vaccine Against Temptations

In progress

(1) Do not worry about your life, or what you will eat, drink, or wear. Can you by worrying add a single hour to your life? O you of little faith. Do not worry. Your heavenly Father knows your needs. **Instead, set your mind on God's kingdom and what is right in God's eyes.** Then, all these things will be given to you as well. Therefore, do not worry about tomorrow. Each day has challenges enough and I will help you get through them. [Mt 6:24-34]

[Everyone, share what the Holy Spirit has convicted you of during the Scripture reading.]

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(2) "A new command I give you, as I have loved you so you must love others." [Jn 13:34]

[Everyone, share what the Holy Spirit has convicted you of during the Scripture reading.]

(3) "Love your enemies and pray for those who persecute you so that you may be a true child of your Father in heaven. Be, therefore, boundless in goodness [toward your enemy], as your heavenly Father's goodness is boundless [toward you]. [Mt 5:43-45, 48]

[Everyone, share what the Holy Spirit has convicted you of during the Scripture reading.]

(4) "Love is patient and kind; love does not envy or boast; it is not arrogant ^{or} rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things. Love never ends." [1 Cor 13:4-8]

[Everyone, share what the Holy Spirit has convicted you of during the Scripture reading.]